

## **Lifeguard Instructor Training**

### **Frequently Asked Questions:**

#### **Q: What do I need to bring to class?**

**A:** Students need to bring: swimsuit, dry change of clothes, goggles, contacts case (if student requires contacts), writing utensil, sack lunch or money for lunch and snacks. A sweatshirt is recommended as the classroom is air conditioned and much cooler than the pool deck. Towels are provided at the fitness center, but students may bring their own if they wish.

#### **Q: What if I don't pass the prerequisites? Can I still attend?**

**A:** Unfortunately, no. Inability to pass ARC's prerequisites would prove the student's progress in the class to be difficult and against the high standards for ARC instructors. However, we can reschedule the student to a later class (at no charge), allowing them time to practice skills and train. If the student decides not to re-attempt the course at a later date, we can refund the full tuition minus \$35 (cost for reserving the spot and course materials). **Refunds must be requested within 14 days.**

#### **Q: Do we have breaks during the class?**

**A:** Yes. We realize this is an intense training course with long hours, so students will receive numerous small breaks throughout the training days, as well as an hour for lunch on Friday, Saturday and Sunday.

#### **Q: Is there a test at the end of class?**

**A:** Yes, in addition to passing all of the basic lifeguarding written exams with at least an 80% (including Oxygen Administration) you must score at least 80% on the Lifeguarding Instructor Course final written exam.

#### **Q: How long is my certification good for?**

**A:** Lifeguarding Instructor: Authorization is for 2 calendar years. All authorizations expire on December 31 of each year. Initial authorization may be for less or more time depending on when training is completed.